

BREAKFAST (8:00 – 11 AM)


- **Scrambled Eggs** With side salad (add bacon for \$1) **\$6**
- **Bagel** With Cream Cheese Spread. **\$3**
- **English Breakfast Panini** Ciabatta, spinach, tomato, scrambled eggs, brie cheese, butter. **\$8**
- **Egg and Bacon Panini** Ciabatta, aioli dressing, scrambled eggs, bacon stripe. **\$8**
- **Open Face Sandwich**
 - ❖ Toasted Ciabatta Bread with Avocado, Tomato, Olive oil, Sea Salt, Alfalfa Sprout, Boiled Egg. **\$8**
 - ❖ Toasted Ciabatta Bread with Smoked Salmon, Cream Cheese, Boiled. Egg, Aioli dressing, Alfalfa Sprouts. **\$8**
- **Soup & Salad** **\$8**

SIGNATURE SALADS

(*V-Vegan & *GF- Gluten Free)

(All our Salads are Organic)



- **Supreme Caesar Salad** Romaine heart, Caesar dressing, grated parmesan cheese croutons and anchovies. **\$7.99**
- **Baby Kale Chicken Caesar** Baby kale Caesar dressing parmesan cheese, crouton, anchovies, Baked marinated chicken. **\$9.99**
- **Italiano Style Steak Salad** Wild Arugula, Pesto Dressing, Cherry Tomato, Onion, Parmesan Cheese, Alfalfa Sprout, Pine Nuts, Grilled Asparagus, Medium Cooked Flank Steak. ***GF** **\$11.99**
- **Ahi Poke Salad** Organic Butter Lettuce, Romaine Heart, Sesame Oil Vinaigrette, Minced Onion, Minced Green Onion, Minced Fresh Ginger, Kelp Noodles, Sesame Seeds, Crushed Red Peppers Flakes, Herb Mix, Cashew Nuts Seared Ahi Tuna, Lemon Wedges. ***GF** **\$12.99**

Note:  - Vegetarian  - Hot/Spicy

- **Arugula Princess Salad** Baby arugula, homemade strawberry dressing, dried cranberry, red beets, radish, marinated chickpeas, goat cheese, strawberry, pistachio. ***GF (add any proteins extra + \$)** **\$9.99** 
- **Vegan –V** Baby spinach, spring mix, bok choy Miso vinaigrette dressing, carrots, bell pepper, bean sprouts, red cabbage, Kelp noodles, firm tofu, Portobello Mushroom, roasted pecan nuts. ***V*GF (add any proteins extra + \$)** **\$9.99** 
- **Chopped Salad** Romaine heart, homemade Dijon mustard vinaigrette dressing, spicy quinoa, blue cheese, bacon crumble, cherry tomato, boiled eggs, avocado, Scallions, Baked chicken. ***GF** **\$10.99** 
- **Berkeley Boys** Romaine heart, chipotle dressing, cheddar cheese, black beans, corn, red onion, cucumber, diced tomato, tortilla chips and scallions, Medium cooked flank steak. ***GF** **\$10.99**
- **Greens and Grains** Green cabbage, baby spinach, baby kale, red chili peppers, quinoa, chickpeas, feta cheese, red wine vinegar, Lemon tahini dressing, cherry tomato, scallions, Peanuts, Baked chicken. ***GF** **\$9.99** 
- **Ocean Salad** Spring mix, baby spinach, Avocado cilantro dressing, cherry tomatoes, cucumber, onion, quinoa, green peas, jicama, lemon wedges, pumpkin seeds, Garlic tiger prawns ***GF** **\$10.99**
- **Paleo Diet Salad** Spring Mix, Baby Kale, Green Cabbage, Broccoli, Asparagus, Bell Pepper, Roasted Almonds, French Tarragon Shallot Vinaigrette, Seared Ahi Tuna. ***GF** **\$12.99**
- **Zucchini- Noodles** Noodles made by Zucchini, Baby Spinach, Roasted Garlic, Pesto Dressing, Cherry Tomato, Parmesan Cheese, Pine Nuts, scallions. ***GF (add any proteins extra + \$)** **\$10.99** 

SIGNATURE PANINI

(All the signature panini comes with Side Salad)

- **Chicken Pesto** Ciabatta bread, homemade pesto dressing, red onions, tomato, chicken with mozzarella cheese. **\$9.99**
- **Smoked Salmon** Ciabatta with cream cheese, capers, onion, tomato, arugula, Alaskan smoked salmon. **\$10.49**
- **Grilled Portobello** Ciabatta with green hummus, onion, tomato, baby spinach with grilled Portobello mushroom. **\$9.99** 
- **Prosciutto–Mozzarella** Ciabatta with truffle oil, 3 prosciutto slice with fresh basil leaves, tomato and mozzarella. **\$9.99**
- **Tuna Panini** Ciabatta with pesto dressing, arugula, onion, tomato, tuna salad with cheddar cheese. **\$10.99**
- **Shrimp and Avocado** Ciabatta with herb dressing, spinach, tomato, avocado and garlic tiger prawn. **\$10.49**
- **Pepperoni** Ciabatta with grilled pepperoni, Tomato, Onion, Homemade Garlic Sauce, Bell pepper, Cheddar Cheese. **\$10.99**
- **Vegetarian** Ciabatta with grilled Portobello, Homemade Garlic Sauce, Tomato, Onion, Spinach, Avocado, Mozzarella. **\$9.99** 

FRESH PRESSED JUICE

(16 Oz - \$ 7.50 and 12 Oz - \$5.50)

- **Early Green Boost** - Cucumber, Kale, Apple, Pineapple, Ginger and Lemon.
- **Red Princess** - Watermelon, Strawberries, Apple, Cucumber, Beetroot and Lemon with Chia Seeds.
- **The Beet Monster** - Beets, Red Seedless Grapes, Apple, Cucumber, Mint, Ginger, Lemon.
- **Paradise** - Carrots, Pineapple, Lemon, Orange, Ginger, Strawberry, Mint, Chia Seeds.
- **Weight Loser** - Lemon, Spinach, Cucumber, Apple and Mint.
- **AM PM Cleanse** - Apple, Cucumber, Orange, Celery, Spinach, Parsley and Lemon.
- **Anti-Oxidation Juice NEW** - Grapefruit, Celery, Green Apple, Lemon, Ginger

FLU-SHOTS

- **Ginger Shot** - Pure ginger juice with Lemon. **\$ 3**
- **Ginger Honey Lemon** - Pure ginger juice with lemon and pure organic honey. **\$ 4**
- **3 Kisses** - Pure ginger juice, with lemon and strawberry. **\$ 4**
- **Turmeric Ginger** - Turmeric, Ginger, Lemon, Cayenne. **\$ 4**

SMOOTHIES

- **Banana Ginger** - Banana, Ginger, Yogurt, Honey Syrup. **\$ 6**
- **Strawberry Shaka NEW** - Strawberry, Banana, Pineapple, Honey Syrup. **\$ 6**
- **Dr. Green NEW** - Spinach, Orange, Pineapple, Banana, Ginger, Honey Syrup. **\$ 6**
- **Green Goddess** - Spinach, Yogurt, Banana, Pineapple, Honey Syrup, Chia Seeds. **\$ 6**

DINNER MENU

(5-7:30 PM)

SERVED WARM

- **Mediterranean Platter** **\$ 11.95**
Toasted Pita Bread, hummus, black olives, pickle, Spring mix salad with olive oil, feta cheese, cucumber, onion, celery and carrots stick.
- **Salmon Platter** **\$ 13.95**
Potato salad, Sauteed mushroom, Arugula salad with strawberry vinaigrette baked salmon and lemon wedges.
- **O&G (Chicken / Steak)** **\$ 11.95**
Mashed Potatoes with spring mix salad, cucumber, onion, cherry tomatoes with pesto dressing, medium cooked Flank steak or Grilled chicken.



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M E N U

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